

QUINTESSENTIALYOU DESIGN

INTRODUCING QUINTESSENTIALYOU DESIGN'S INTENTIONALCONVERSATION SERIES®

JOIN A RARE AND RICH CONVERSATION WITH AN INTIMATE GROUP OF PEOPLE COMMITTED TO THEIR OWN, OTHERS', AND THE WORLD'S QUINTESSENTIALFULFILLMENT.

Over the last two decades, through its **INTENTIONALCONVERSATION SERIES**, **QUINTESSENTIALYOU DESIGN** has been working with individuals who are stepping fully into their personal and professional potential in service of their unique contribution in the world.

We have learned three important things:

- ∞ This conversation brings together individuals curious about life and leadership beyond intellectual analysis and common, day to day structures.
- ∞ This work is a practice and a discipline.
- ∞ **INTENTIONALCONVERSATION** is transformative.

Over this series, you will:

- ∞ **DISCOVER** the **QUINTESSENTIALYOU BLUEPRINT** that is your source of creation and expression.
- ∞ **ACTIVATE** the deepest desire, intentions and authentic contribution that you take to all pursuits.
- ∞ **RECOGNIZE AND ENGAGE** the hidden elements that are your essential gift and contribution.

We invite you to consider your participation and the opportunity, promise, and outcome that come with it.

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INTENTIONALCONVERSATION SERIES[©]

- ∞ **THE OPPORTUNITY:**
Discover, articulate, and build your innate **QUINTESSENTIALYOU BLUEPRINT** of potential.
- ∞ **THE PROMISE:**
Fundamentally transform made-up restrictive mindsets and structures to open to desires and intentions that forward your contribution.
- ∞ **THE OUTCOME:**
Recognize and claim hidden dormant skill and capacity that make your contribution practical and viable.

THE FORMAT

- ∞ In safe, supportive, and collaborative space, each conversation includes individual check-in, journal inquiry work, and a resulting exploration that brings awareness to and builds each participant's innate **QYOU BLUEPRINT**.
- ∞ The process, spread over a one-year period, is designed to reveal each Blueprint element, bring it into focus, and support participants in the discipline and practices that engage and evolve the fulfillment of **QUINTESSENTIALYOU**.
- ∞ In addition to the initial one on one sessions and the scheduled monthly **INTENTIONALCONVERSATION**, participants receive a weekly check-in email that keeps their exploration alive, engage freely with their cohort, and have access to one on one conversation with the facilitator.

Each **INTENTIONALCONVERSATION** is hosted in a beautiful intimate setting located in the Kitsilano area of Vancouver.

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YOUR COMMITMENT AND PARTICIPATION DETAILS

This work produces outcomes inside the commitment that is each individual and their expression. Participation details reflect this commitment.

1. You choose to participate and commit to your participation.
2. You schedule your **CONCEIVE INQUIRY SERIES** –3 private sessions:
 - ∞ **ESSENCEEXPRESSION**® is a one hour session that distinguishes your living brand, the fundamental ‘how’ and ‘what’ informing all your endeavours. Your **QYOU BLUEPRINT** exists to fulfill the EssenceExpression that is you.
 - ∞ **OPPORTUNITYPOTENTIAL**® is a one and a half hour session that exposes primary elements of your **QYOU BLUEPRINT** and structures their collaboration for fulfillment of your potential. This session lays the foundation for integrating your greatest Learning and deepest Yearning, your most important Challenge and natural Gift, your practical Skill and innate Capacity.
 - ∞ **INTENTIONWANT**® is a one and a half hour session that distinguishes fundamental intentions and driving wants from which you discover your potential and articulate the practical outcomes that support its fulfillment through your **QYOU BLUEPRINT’S** key elements.
3. You come open to fully engage in the facilitated monthly conversation that is designed to presence each individual’s process in aligning internal experience with authentic external expression.
4. **SCHEDULE: THURSDAY EVENINGS 7PM – 9PM / SEPTEMBER 2019 - JUNE 2020**

SEPTEMBER 12	JANUARY 16, 2020
OCTOBER 3	FEBRUARY 13
WEDNESDAY, OCTOBER 30	MARCH 5
NOVEMBER 28	APRIL 2
DECEMBER 19	APRIL 30
	MAY 28
	JUNE 2

NOTE: If a participant misses a group conversation, it is up to them to schedule a one-hour make-up session as soon as possible after the missed session and before the next month’s scheduled conversation.

5. **FEES:**
\$2700 INCLUSIVE OF ALL PROGRAM COMPONENTS

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FACILITATOR: KATHLEEN TURCIC

Kathleen is a gifted human and organizational development professional. With education in the arts, education, & professional coaching, & training in ontology and adult development, her roles have included educator, entrepreneur, business professional, corporate executive, change agent, human development practitioner, and lifestyle consultant.

As principal of QuintessentialYou Design and the architect of the QYou Blueprint, Kathleen has created a paradigm and practice that offer individuals and groups the opportunity to discover and articulate the unique blueprint that makes each one of us who we are. As we inquire, explore and discover the elements of our resonant blueprint, we increase awareness of its presence in our lives and work. Collaboration with our blueprint increasingly has us express and apply our authentic –‘quintessential’– Self to fulfill our individual and collective potential.

TESTIMONIALS FOR QUINTESSENTIALYOU DESIGN INTENTIONALCONVERSATIONS

“QuintessentialYou has an inherent and unmistakable integrity to it. My experience of working with this framework is that I’ve created logical coherence about my life and work..... an internal consistency. I leave the Conversations present to what is possible and clear about my role in whatever situation I find myself. Increasingly and on-goingly, I am discovering or more accurately, recovering what somewhere I only dimly knew to be true about myself and the quintessential contribution that I bring to the table.”

Thomas D’Aquanni, Principal, D’Aquanni & Associates Management Consultants, Morristown, New Jersey

“This was such an incredible experience. Of the eight-something years of post-secondary education plus continuing ed, this has probably been my favourite course ever. Kathleen is a tremendously gifted instructor and facilitator. I am so sad to complete the first section – it’s like your favourite book or tv show coming to an end.”

M. Fitzgerald, Manager, Engagement for Major Projects- Civic Engagement & Communications

“Kathleen is a consultant with unsurpassed passion and expertise in leadership coaching and development. In the few years Kathleen has been with the City, she has introduced her unique QuintessentialYou LeadershipConversation Series. The 1-year pilot program has been a huge success with new courses filling to capacity as word of mouth highlights the ingeniousness, effectiveness, and uniqueness of the program. Kathleen brings a new lens to leadership training that is multi-year, supported, deeply customized, and highly intuitive. Through carefully crafted exercises, inquiries and group discussions, Kathleen’s participants are immersed in a refreshingly innovative journey of leadership growth.”

A.Baxter, Manager, Strategic Initiatives, REFM, City of Vancouver